

The 5th Annual Meeting of the Middle East Society for Gynecological Endoscopy

In Collaboration with
The Lebanese Society of Obstetrics and Gynecology



September 13-15, 2018
Hilton Habtoor Hotel, Lebanon

Program



Hands-on, Workshops and much more !!



Dear Colleagues,

The Middle East Society for Gynecological Endoscopy (MESGE) since its creation in 2009 has run successfully annual congresses, regional meetings and workshops around our region.

It is always a good opportunity to meet experts from around the world and discuss innovations and recent updates.

This September we will be together in Beirut to exchange knowledge, experience and research on Minimally Invasive Surgery, endometriosis and many other hot topics.

Hands on workshops on suturing and hysteroscopy along with others on electro surgery, laparoscopic myomectomy, laparoscopic hysterectomy, urogynecology, gynecological oncology, ... will be available to you so you can choose the ones of your interest.

Lebanon and Beirut, also known as Switzerland or Paris of the Middle East respectively, have an extremely nice weather during September. Their historical monuments aged thousands of years welcome you from North to South and from East to West.

Looking forward seeing among us to enjoy the beauty of the landscapes and the passion of science.

Joseph Nassif, MD

President of the MESGE

MESGE Executive Board

Joseph Nassif, MD	<i>President</i>
Mohamed Mabrouk, MD	<i>Vice President</i>
Fatih Sendag, MD	<i>Immediate Past President</i>
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Mohammad Essawy, MD	<i>Young Endoscopists Platfrom Chair</i>

Organizing Committee

Joseph Nassif, MD
Mohamed Mabrouk, MD
Ali Akdemir, MD
Fatih Sendag, MD

Scientific Committee

Ali Akdemir, MD
Mohamed Mabrouk, MD

Speakers

Reem Abdallah	<i>Lebanon</i>	Georgios Georgiou	<i>Cyprus</i>
Aline Abi Sleiman	<i>Lebanon</i>	Antoine Hannun	<i>Lebanon</i>
Imad Abou Jaoude	<i>Lebanon</i>	Jamal Hoballah	<i>Lebanon</i>
Ali Akdemir	<i>Turkey</i>	Mohammad Ibrahim	<i>Egypt</i>
Naji Afif	<i>Lebanon</i>	Karl Jallad	<i>Lebanon</i>
Ahmad El-Balat	<i>Germany</i>	Shaheen Khazali	<i>UK</i>
Janah Al Hassan	<i>Lebanon</i>	Pascal Jarjoura	<i>Lebanon</i>
Hisham Arab	<i>KSA</i>	Marc Matta	<i>Lebanon</i>
May Grover	<i>USA</i>	Karim Nawfal	<i>Lebanon</i>
Naji Aswad	<i>Lebanon</i>	Ceana Nezhat	<i>USA</i>
Chakib Ayoub	<i>Lebanon</i>	Ralph Papas	<i>Lebanon</i>
Mustafa Bahceci	<i>Turkey</i>	Joanna Saade	<i>Lebanon</i>
Selim Bassil	<i>Lebanon</i>	Bassem Safadi	<i>Lebanon</i>
Toni Bazi	<i>Lebanon</i>	Philippe Saroufim	<i>Lebanon</i>
Mustafa Chaaban	<i>Lebanon</i>	Fatih Sendag	<i>Turkey</i>
Dina Chamsi	<i>Lebanon</i>	Zaki Sleiman	<i>Lebanon</i>
Henri Clave	<i>France</i>	Pantelis Trompoukis	<i>Greece</i>
Albert El Hajj	<i>Lebanon</i>	Arnaud Wattiez	<i>France</i>
Chadi Fakih	<i>Lebanon</i>	George Wehbe	<i>Lebanon</i>
Helder Ferreira	<i>Portugal</i>	Chrysoula Zacharopoulou	<i>France</i>

Each Delegate Can Register to Workshops Running Repeatedly in AM and PM Sessions

09:00 - 09:30 Registration

09:30 - 11:10

HYSTEROSCOPY - HANDS ON

Chairmen: Mustafa Chaaban, Georgios Georgiou

Principles of Hysteroscopy **Selim Bassil**

Office Hysteroscopy **Georgios Georgiou**

Operative Hysteroscopy **Imad Abou Jaoude**

Complications In Hysteroscopy **Mustafa Chaaban**

Pre Lab Session **All Faculty**

LAPAROSCOPIC SUTURING - HANDS ON

Chairmen: Zaki Sleiman, Pantelis Trompoukis

Introduction **Pantelis Trompoukis**

Instruments For Laparoscopic Suturing **Zaki Sleiman**

Intracorporeal Knots **Pantelis Trompoukis**

Extracorporeal Knots **Helder Ferreira**

Pre Lab Session **All Faculty**

MINIMALLY INVASIVE HYSTERECTOMY

Chairman: Pascal Jarjoura

Approaches for MIS Surgery **May Grover**

Lecture & Video: In-Depth and Practical Approach **May Grover**

Laparoscopic Hysterectomy to the Set-Up and Performance of Single, Reduced and Multi-Port **May Grover**

Video: HALS in Hysterectomy **May Grover**

Pre Lab Session **All Faculty**

11:10 - 11:30 Coffee Break and Trade Exhibition

11:30 - 12:50

Hands On Diagnostic Hysteroscopy **All Faculty**

Hands On Operative Hysteroscopy **All Faculty**

Hands On Troubleshooting Your Scope **All Faculty**

Hands On Troubleshooting Your Pump **All Faculty**

Hands On Intracorporeal Knots **All Faculty**

Hands On Intracorporeal Knots **All Faculty**

Hands On Extracorporeal Knots **All Faculty**

Hands On Tips and Tricks **All Faculty**

Video: Extraction and Morcellation Techniques for Large Specimen

Hands On: Manual Morcellation of Beef Tongues

Hands On: Manual Morcellation of Beef Tongues

Q&A and Wrap Up

12:50 - 13:00 Discussion and Adjourn

Workshop 1
HALL A

09:30 - 09:50

09:50 - 10:10

10:10 - 10:30

10:30 - 10:50

10:50 - 11:10

Workshop 2
HALL B

09:30 - 09:50

09:50 - 10:10

10:10 - 10:30

10:30 - 10:50

10:50 - 11:10

Workshop 3
HALL C

09:30 - 09:50

09:50 - 10:10

10:10 - 10:30

10:30 - 10:50

10:50 - 11:10

Workshop 1
HALL A

11:30 - 11:50

11:50 - 12:10

12:10 - 12:30

12:30 - 12:50

Workshop 2
HALL B

11:30 - 11:50

11:50 - 12:10

12:10 - 12:30

12:30 - 12:50

Workshop 3
HALL C

11:30 - 11:50

11:50 - 12:10

12:10 - 12:30

12:30 - 12:50

13:00 - 14:00

Lunch

14:00 - 17:30

HYSTEROSCOPY - HANDS ON

Chairmen: Joseph Abou Chedid, Mustafa Chaaban

Principles of Hysteroscopy **Selim Bassil**

Office Hysteroscopy **Georgios Georgiou**

Operative Hysteroscopy **Imad Abou Jaoude**

Complications In Hysteroscopy **Mustafa Chaaban**

LAPAROSCOPIC SUTURING - HANDS ON

Chairmen: Helder Ferreira, Pantelis Trompoukis

Introduction **Pantelis Trompoukis**

Instruments For Laparoscopic Suturing **Zaki Sleiman**

Intracorporeal Knots **Pantelis Trompoukis**

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MINIMALLY INVASIVE HYSTERECTOMY

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Laparoscopic Hysterectomy to the Set-Up and Performance of Single, Reduced and Multi-Port **May Grover**

Video: HALS in Hysterectomy **May Grover**

15:20 - 16:00

Coffee Break and Trade Exhibition

16:00 - 17:30

Hands On Diagnostic Hysteroscopy **All Faculty**

Hands On Operative Hysteroscopy **All Faculty**

Hands On Troubleshooting Your Scope **All Faculty**

Hands On Troubleshooting Your Pump **All Faculty**

Hands On Intracorporeal Knots **All Faculty**

Hands On Intracorporeal Knots **All Faculty**

Hands On Extracorporeal Knots **All Faculty**

Hands On Tips and Tricks **All Faculty**

Video: Extraction and Morcellation Techniques for Large Specimen

Hands On: Manual Morcellation of Beef Tongues

Hands On: Manual Morcellation of Beef Tongues

Q&A and Wrap Up

17:20 - 17:30

Discussion and Adjourn

Workshop 4
HALL A

14:00 - 14:20

14:20 - 14:40

14:40 - 15:00

15:00 - 15:20

Workshop 5
HALL B

14:00 - 14:20

14:20 - 14:40

14:40 - 15:00

15:00 - 15:20

Workshop 6
HALL C

14:00 - 14:20

14:20 - 14:40

14:40 - 15:00

15:00 - 15:20

Workshop 4
HALL A

16:00 - 16:20

16:20 - 16:40

16:40 - 17:00

17:00 - 17:20

Workshop 5
HALL B

16:00 - 16:20

16:20 - 16:40

16:40 - 17:00

17:00 - 17:20

Workshop 6
HALL C

16:00 - 16:20

16:20 - 16:40

16:40 - 17:00

17:00 - 17:20

09:00 - 09:30 Registration

09:30 - 13:00

ENDOMETRIOSIS

Chairmen: **Hisham Arab, Ceana Nezhat**

Intoduction **Hisham Arab**

Systematic Approach to the Laparoscopic Diagnosis of Endometriosis
Ceana Nezhat

Medical Treatment **Chrysoula Zacharopoulou**

Systematic Approach to the Precise Excision of Endometriosis **Ceana Nezhat**

PELVIC ORGAN PROLAPSE

Chairmen: **Ali Akdemir, Toni Bazi**

Introduction **Toni Bazi**

Laparoscopic Sacrocolpopexy Technique **Ali Akdemir**

Complications of Sacrocolpopexy **Naji Aswad**

Retropubic vs Trasnobturator Approach for GSI? **Toni Bazi**

LAPAROSCOPIC MYOMECTOMY

Chairmen: **Janah Al Hassan, Mohamad Ibrahim**

Introduction **Mohamad Ibrahim**

Indications of Lap Myomectomy **Janah Al Hassan**

Laparoscopic Myomectomy Technique **Mohamad Ibrahim**

Tips and Tricks in Lap Myomectomy **Karim Nawfal**

11:10 - 11:30 Coffee Break and Trade Exhibition

11:30 - 11:50 Role of Local Societies of Endo **Hisham Arab**

11:50 - 12:10 Ethiopathogenesis of Endometriomas **Ceana Nezhat**

12:10 - 12:30 Endometriosis and Cancer **Hisham Arab**

12:30 - 12:50 New Methods for Awarness **Chrysoula Zacharopoulou**

11:30 - 11:50 Complications in Urogynecologic Surgery **Toni Bazi**

11:50 - 12:10 Tissue Retrieval Techniques; Tips and Tricks for Daily Practice **Ali Akdemir**

12:10 - 12:30 Mesh In Pop: Hope or Hype **Naji Aswad**

12:30 - 12:50 Best Approach for Pop Surgery **Toni Bazi**

11:30 - 11:50 Morcellation: Pros and Cons **Janah Al Hassan**

11:50 - 12:10 Pregnancy After Lap Myomectomy **Karim Nawfal**

12:10 - 12:30 Complications of Lap Myomectomy **Mohamad Ibrahim**

12:30 - 12:50 Outcomes of Laparoscopic Myomectomy **Karim Nawfal**

12:50 - 13:00 Discussion and Adjourn

13:00 - 14:00 Lunch

Workshop 7
HALL A

09:30 - 09:50

09:50 - 10:20

10:20 - 10:50

10:50 - 11:10

Workshop 8
HALL B

09:30 - 09:50

09:50 - 10:20

10:20 - 10:50

10:50 - 11:10

Workshop 9
HALL C

09:30 - 09:50

09:50 - 10:20

10:20 - 10:50

10:50 - 11:10

Workshop 7
HALL A

11:30 - 11:50

11:50 - 12:10

12:10 - 12:30

12:30 - 12:50

Workshop 8
HALL B

11:30 - 11:50

11:50 - 12:10

12:10 - 12:30

12:30 - 12:50

Workshop 9
HALL C

11:30 - 11:50

11:50 - 12:10

12:10 - 12:30

12:30 - 12:50

14:00 - 14:30 Revisiting Pelvic Anatomy **Helder Ferreira**
14:30 - 15:00 Updates on Way of Entry **Pantelis Trompoukis**
15:00 - 15:30 Past, Present and Future of MIS **Ceana Nezhat**
15:30 - 16:00 Ergonomy with Tips and Trics **Arnaud Wattiez**

16:00 - 16:30 Coffee Break

16:30 - 17:00 Complications in Laparoscopy **Ceana Nezhat**
17:00 - 17:30 Single Port Surgery: Tips & Tricks **Fatih Sendag**

17:30 - 18:30 Opening Ceremony

MESGE
LSOG
Keynote Lecture

Joseph Nassif
Antoine Abu Musa
Arnaud Wattiez

18:30 Cocktail



08:00 - 08:30 Registration

08:30 - 10:00

UROGYNECOLOGY

Chairmen: Georges Abi Tayeh, Fersan Mansour, Rana Skaf

08:30 - 08:45

Pelvic Floor Anatomy for POP Repair **Arnaud Wattiez**

08:45 - 09:00

Vaginal Hysterectomy with Advanced Bipolar Vessel Sealing **Henri Clave**

09:00 - 09:15

Bladder Neck Threads: BNT **Philippe Saroufim**

09:15 - 09:30

Robotic Surgery for POP **Fatih Sendag**

09:30 - 09:45

Urinary Incontinence Surgery with or after POP Repair? **Karl Jallad**

ONCOLOGY

Chairmen: Assaad Kesrouani, Nawal Tufaily, George Wehbe

08:30 - 08:45

Laparoscopic Restaging of Endometrial Cancer **Ahmad El-Balat**

08:45 - 09:00

Nerve Sparing in Gyn onc Procedures: is it Feasible? **George Wehbe**

09:00 - 09:15

Laparoscopic Treatment of Cervical Cancer **Reem Abdallah**

09:15 - 09:30

The Place of Laparoscopy in Advanced Ovarian Cancer **Ahmad El-Balat**

09:30 - 09:45

Outcomes of Open and Laparoscopy for Oncology **Reem Abdallah**

NEUROPELVIOLOGY

Chairmen: Nakhle Challita, Wadih Ghanameh, Johny Rachdan

08:30 - 08:45

Pelvic Nerves and Endometriosis Surgery **Shaheen Khazali**

08:45 - 09:00

Congestive Pelvic Syndrome: Myth or Reality **Chakib Ayoub**

09:00 - 09:15

Endometriosis in the Adolescent **Hisham Arab**

09:15 - 09:30

Pelvic Pain Before and After Lap Hysterectomy **Pascal Jarjoura**

09:30 - 09:45

Energy Sources for Lap Hysterectomy **Shaheen Khazali**

09:45 - 10:00 Discussion

10:00 - 10:30 Coffee Break and Trade Exhibition

10:30 - 12:00

ADHESIONS PREVENTION

Chairmen: Alain Daher, Georges Kehdi, Sally Khoury

10:30 - 10:45

Hydroflotation or Barrier Method for Adhesion Prevention?

Aline Abi Sleiman

10:45 - 11:00

Adhesiolysis or Adhesiectomy? **Ali Akdemir**

11:00 - 11:15

Asherman Syndrome how to Improve Results ? **Dina Chamsi**

11:15 - 11:30

Amniotic Membranes for Adhesion Prevention **Joanna Saade**

11:30 - 11:45

Approach to Frozen Pelvis **Shaheen Khazali**

HALL A

HALL B

HALL C

HALL A

LAPAROSCOPIC COMPLICATIONS AND REPAIR

Chairmen: Rabih Chahine, Antoine Maalouf, Chrysoula Zacharopoulou

Entry Complications and Repair **Chrysoula Zacharopoulou**

Vascular Injuries and Repair **Jamal Hoballah**

Bowel Injuries and Repair **Bassem Safadi**

Urological Injuries and Repair **Albert El Hajj**

Infectious Complications in Laparoscopy **Marc Matta**

IVF AND ENDOMETRIOSIS

Chairmen: Joseph Azouri, Lamia Sayegh, Tony G. Zreik

Endometriosis and Infertility: Surgery vs IVF? **Ralph Pappas**

Effect of Hydro/Hematosalpinx on Endometriosis Associated Infertility **Antoine Hannun**

Ovarian Reserve after Laparoscopic Cystectomy for Endometrioma **Naji Afif**

Frozen vs Fresh Embryo in Endometriosis **Mustafa Bahceci**

The Best Protocol for Endometriosis Associated Infertility **Chadi Fakih**

11:45 - 12:45 Symposium Medtronic

12:45 - 14:00 Lunch

14:00 - 15:30 HOT TOPICS IN MIGS

Chairmen: Abdel Nasser Abou Khalil, Elie Hobeika, Leila Nouredine

How to Perform a MIS in an Outpatient Setting **Henri Clave**

Open, Vaginal or Laparoscopic Hysterectomy?

Mohamad Ibrahim

Photobiomodulation: Gynecologists Everyday Task? **Henri Clave**

Lap Hysterectomy in Bulky Uterus **Dina Chamsi**

Access Optimisation in Endometriosis Surgery **Shaheen Khazali**

Discussion

15:30-16:00 Symposium Biophoton

16:00 END OF CONGRESS

HALL B

10:30 - 10:45

10:45 - 11:00

11:00 - 11:15

11:15 - 11:30

11:30 - 11:45

HALL C

10:30 - 10:45

10:45 - 11:00

11:00 - 11:15

11:15 - 11:30

11:30 - 11:45

HALL C

14:00 - 15:30

14:00 - 14:15

14:15 - 14:30

14:30 - 14:45

14:45-15:00

15:00 - 15:15

15:15 - 15:30

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Int'l Registration

- Registration Before Congress 350 USD
- On Site 400 USD

L SOG Registration

- Registration Before Congress 120 USD
- Free Registration for Interns and Residents of L SOG Training Programs (Upon Presenting an Official Document)

Workshop Registration

- Hands on Workshops (Suturing and Hysteroscopy) 100 USD per Workshop
150 USD for Both Workshops
- Other Workshops (Non Hands on) Require Congress Registration Free of Charge



