



# PRACTICE GUIDELINES IN OBSTETRICS AND GYNECOLOGY SYMPOSIUM

Saturday, March 9, 2019  
Gefinor Rotana Hotel, Beirut, Lebanon

Organized by the Continuing Medical  
Education (CME) office and the Department  
of Obstetrics and Gynecology at the American  
University of Beirut Medical Center

## PROGRAM

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# Program

## Saturday, March 09, 2019

- 8:00 - 8:50      REGISTRATION
- 8:50 - 9:00      Welcome Note  
*Anwar Nassar, Chairman*

### Obstetrics in Daily Practice

Moderators: Rana Skaf, Rabih Chahine, Jihad Al Hasan

- 9:00 - 9:20      How to Stop the Cesarean Section Epidemic:  
A FIGO Position Paper  
*Gerard Visser*
- 9:20 - 9:40      Evidence on Indications for Cesarean in Breech  
*Frank Louwen*
- 9:40 - 10:00      Do You Cut or Wait for it to Tear?  
*Anwar Nassar*
- 10:00 - 10:15      DISCUSSION

### Putting Menopause Back on Track

Moderators: Karam Karam, Saad Itani, David Atallah

- 10:15 - 10:35      Osteoporosis: How to Screen & When to Treat?  
*Ghada El-Hajj Fuleihan*
- 10:35 - 10:55      HT: Recent Guidelines & Their Rationale  
*Edward Morris*
- 10:55 - 11:15      Comprehensive Care for Menopausal Women  
*Johannes Bitzer*
- 11:15 - 11:35      Menopausal Symptoms: Do Alternative Therapies Work?  
*Edward Morris*

11:35 - 11:45      DISCUSSION

11:45- 12:15      COFFEE BREAK

## Novelties in Daily Obstetric Care

Moderators: Ihab Usta, Ramzi Finan, Toufic Eid

12:15 - 12:35      Medical Termination of Pregnancy  
*Teresa Bombas*

12:35 - 12:55      Induction of Labor for all at 39 Weeks: Time to Change?  
*Gerard Visser*

12:55 - 13:15      Obesity – Impact on Maternal & Neonatal Health  
*Frank Louwen*

13:15 - 13:35      The “Forgotten” Pregnancy Shots!  
*Labib Ghulmiyyah*

13:35 - 13:45      DISCUSSION

## Evidence-Based Guidelines in Office Gynecology

Moderators: Georges El-Kehdy, Marwan Barbir

13:45 - 14:05      Contraception for Perimenopausal Women  
*Johannes Bitzer*

14:05 - 14:25      STI – the New Epidemic: Is it Time for Universal Screening  
in Lebanon?  
*Nesrine Rizk*

14:25 - 14:45      Safety of Hormonal Contraception  
*Teresa Bombas*

14:45 - 15:00      DISCUSSION

15:00 - 15:10      Concluding Remarks & Summary Guidelines  
*Anwar Nassar, Antoine Abu Musa*

15:10 - 16:00      LUNCH

