

Under the Patronage  
of the President of the Council of Ministers  
**His Excellency Mr. Saad Hariri**



2<sup>nd</sup>  
**FAGOS Meeting**

**Women Health Frontiers**

*In collaboration with*  
the Lebanese Society of Obstetrics and Gynecology (LSOG)



**September 13-14, 2019**  
**Radisson Blu Hotel,**  
**Dunes Center, Verdun, Beirut**

**PROGRAM**



## Welcome Letter

Last year, we promised you an exciting first standalone meeting of the Federation of Arab Gynecology Obstetrics Societies (FAGOS), and with you, it was successful by all means. This year we are building on our previous meeting, collaborating with WHO EMRO, FIGO, and RCOG, to bring to you a diverse, up to date, and relevant scientific program that satisfies colleagues coming from various walks of practice. The year, the meeting carries the FAGOS theme of woman's health across lifespan and across health and medical conditions, emphasizing the comprehensive approach to woman health in daily practice. Arab women continue to suffer from issues related to maternal mortality, contraceptive prevalence, non-communicable diseases, sexual and reproductive health problems, war and conflict, and breast and gynecologic cancers, not to mention poor access to care, and universal health coverage.

FAGOS2019, in providing forefront scientific updates and guidelines for practice and policy, aims to set a cornerstone for clinical rigor and skill competence bringing international and Arab colleagues together, and to the global arena, to promote woman's health and wellbeing. This is continued through collaboration with Arab national societies and international bodies like FIGO, RCOG, and others.

FAGOS2019 is an established platform towards better understanding of woman's health care within the context of human rights and in line with SDG2030, especially in our region where reproductive health indicators for women are seriously affected by conflict and poverty. FAGOS will work towards intensive engagement of Arab OBGYNs with woman's health issues to not only to maintain clinical excellence, but also to outreach to communities for wider care, more empathy, and more influence on public health policy. In this regard, this year meeting is offering an exciting and motivating scientific program delivered by excellent speakers sharing their experience and expertise with us, and presenting the most recent developments and the latest guidelines in our specialty.

I now invite you all to mark your calendars and inform us of any mode of participation you suggest, and indeed welcome you to the charming Beirut to attend this important medical and educational milestone, hoping that you will take part in this unique scientific and social event at the doorsteps of the beautiful Mediterranean.

Sincerely,

**Faysal El-Kak, MD, MS, ACOG**

*President of the Congress*

*President, Federation of Arab GYNOB Societies (FAGOS)*

*VP- FIGO*

# Committees

## President of the Congress

Faysal El Kak, MD

## FAGOS Board

Faysal El Kak, MD

President

Said Sarahneh, MD

Vice President

Hasan Abdel Jabar, MD

President Elect

Awatef El Bahr, MD

Treasurer

Ahmad Abdelwahed, MD

General Secretary

## FAGOS Committees

Abdallah Adra, MD

Chair Scientific Committee

Fadi Mirza, MD

Co-Chair Scientific Committee

Sami Mahmoud, MD

Media Committee

## Congress Committee

Dr. Saadeddine Itani, MD

Chairperson - President LSOG

*Collaborators:*

Dr. Charles Saab, MD

Co-Chair - Past President AACE Lebanon Chapter

Dr. Ali Taher, MD

Co-Chair - President LJCAT

Hasan Abdeljabar, MD

Ahmad Abdelwahed, MD

Abdallah Adra, MD

Taghreed Al Haidari, MD

Rabih Chahine, MD

Tamima Dughaishi, MD

Awatef El Bahr, MD

Ramzi Finan, MD

Wadih Ghanamé, MD

Said Sarahneh, MD

Salah Sheikha, MD

Rana Skaf, MD

Tony Zreik, MD

# Speakers

## International speakers

Hasan Abdel Jabar	<i>KSA</i>
Ahmad Abdelwahed	<i>Jordan</i>
Hanin Abduljabar	<i>KSA</i>
Taghreed Al Haidari	<i>Iraq</i>
Kristina Gemzell Danielsson	<i>Sweden</i>
Lucie Henaut	<i>France</i>
Deborah Mukherj	<i>UK/Lebanon</i>
Said Sarahneh	<i>Palestine</i>
Salah Sheikha	<i>Syria</i>
Anette Tonnes Pedersen	<i>Denmark</i>
Philippe Touraine	<i>France</i>
Alison Wright	<i>UK</i>
TBA	<i>WHO EMRO</i>

## Local speakers

Abdallah Adra  
Rabih Chahine  
Faysal El Kak  
Antoine Finianos  
Labib Ghulmiyyah  
Colette Hanna  
Karam Karam  
Anwar Nassar  
Charles Saab  
Antoine Sarkis  
Anthony Saroufim  
Muhieddine Seoud  
Joe Suidan

# Friday, September 13<sup>th</sup>, 2019

## 08:00 - 09:00 Registration

Moderators

Imad Abou Jaoudé, Fayez Bitar, Rabih Chahine

## 09:00 - 10:30

### Session 1: Women and non communicable diseases

09:00 - 09:20

Lupus in pregnancy and beyond **Labib Ghulmiyyah**

09:20 - 09:40

Obesity as an anchor of NCDs **Charles Saab**

09:40 - 10:00

How does menopause impact women's heart? **Antoine Sarkis**

10:00 - 10:15

Osteoporosis in post-menopausal women: New insights overview

**Charles Saab**

10:15 - 10:30

Q&A

Moderator

Houssam Abdel Reda

## 10:30 - 11:15

### Plenary session: Arab women health under conflict: Syria, Lebanon, and Iraq

Salah Sheikha, Rabih Chahine, Taghreed Al Haidari

Discussant: Faysal El Kak

## 11:15 - 11:45

### Coffee Break

Moderators

Rana El Tal, Ariana Jawad, Georges Kehdi, Toufic Naba'

## 11:45 - 13:00

### Session 2: Women at the borders of reproductive health

11:45 - 12:05

Adolescence gynecology - How to secure a good transition

**Anette Tønnes Pedersen**

12:05 - 12:25

Premature ovarian insufficiency **Philippe Touraine**

12:25 - 12:45

Women health in the postmenopause: A new horizon **Karam Karam**

12:45 - 13:00

Q&A

## 13:00 - 14:15

### Lunch and Prayer Break

Moderators

Ahmad Abdelwahed, Aline Abi Sleiman, Paul Barakat

## 14:15 - 15:30

### Session 3: Women in labor and delivery

14:15 - 14:35

Defining the ideal global Caesarean section rate **Alison Wright**

14:35 - 14:55

Do you cut or wait for it to tear? **Anwar Nassar**

14:55 - 15:15

Quality and safety in the second stage of labour **Alison Wright**

15:15 - 15:30

Q&A

## 15:30 - 16:00

### Coffee Break

## Friday, September 13<sup>th</sup>, 2019

Moderators Hasan Abdel Jabar, Abdel Nasser Abou Khalil, Bassem Skaff, Rana Skaf

### 16:00 - 17:15 **Session 4: Women and reproductive challenges**

16:00 - 16:20 Autotransplantation of cryopreserved ovarian tissue - What are the results **Anette Tønnes Pedersen**

16:20 - 16:40 Dual stimulation in poor responders: Any benefits? **Hanin Abduljabar**

16:40 - 17:00 Congenital adrenal hyperplasia: Classical and non-classical forms and their impact on fertility **Philippe Touraine**

17:00 - 17:15 Q&A

Moderators Johnny Barakat, Mohamad Ramadan

17:15 - 17:45 Clinical implication of vitamin K2 deficiency on women's health :

New insights into the Calcium paradox **Lucie Henaut**

*Symposium sponsored by Omicron*

17:45

**Opening Ceremony**

# Saturday, September 14<sup>th</sup>, 2019

## 08:00 - 09:00 Registration

Moderators	Marie Chammas, Ramzi Finan, Karam Karam, Ahmad Sraj
<b>09:00 - 10:15</b>	<b>Session 5: Women health under controversies</b>
09:00 - 09:20	Emergency contraception: True mechanisms of action <b>Kristina Gemzell Danielsson</b>
09:20 - 09:40	Menopause and hormonal treatment: Where do gynecologists stand? <b>Anette Tønnes Pedersen</b>
09:40 - 10:00	LARC – Addressing myths and removing barriers <b>Kristina Gemzell Danielsson</b>
10:00 - 10:15	Q&A

Moderators	Nazih Bizri, Simon Chalhoub
10:15 - 10:45	Maximizing benefit for fetal brain development <b>Joe Suidan</b> <i>Symposium sponsored by Omicron</i>

Moderators	Antoine Abu Musa, Rabih Chahine
10:45 - 11:05	Novelties in Non-Invasive Fetal Testing <b>Abdallah Adra</b>

## 11:05 - 11:45 Brunch

Moderators	Rafka Abi Habib, Taghreed Al Haidari, Ghina Ghaziri
<b>11:45 - 12:45</b>	<b>Special Session 6: Women cancer survivors and sexual dysfunction</b> <i>(in collaboration with Women Integrated Sexual Health (WISH) Program at AUBMC)</i>
	- Rising burden of cancer among women <b>Deborah Mukherji</b>
	- Sexual health of cancer survivors: Role of gynecologist <b>Faysal El Kak</b>

Moderators	Elie Attieh, Fadi Mirza, Ihab Usta
<b>12:45 - 14:00</b>	<b>Session 7: Hematology</b>
12:45 - 13:05	Thromboprophylaxis in OBGYN: An update <b>Anthony Saroufim</b>
13:05 - 13:25	Bleeding in women <b>Colette Hanna</b>
13:25 - 13:45	Iron deficiency / Iron deficiency anemia in women: Updates on work up and management <b>Antoine Finianos</b>
13:45 - 14:00	Q&A

Discussants	Reem Abdallah, Faysal El Kak
<b>14:00 - 15:00</b>	<b>Special Session 8: Women and cervical cancer: Towards eliminating cervical cancer in the Arab region</b> <i>(FAGOS special session in collaboration with WHO EMRO)</i>
	Panelists: <b>Dr. Muhieddine Seoud, FAGOS, FIGO, WHO EMRO, LSOG, and MOPH</b>
	1- Burden of CC with future prospects
	2- Current screening / prevention status
	3- Towards a multi-layered strategy to eliminate cervical cancer







# **FIGO WORLD CONGRESS SYDNEY 2021**



**Save the Date:**

**24 - 29 October 2021**

**For more information please visit:**

**[www.figo.org/figo-2021-sydney](http://www.figo.org/figo-2021-sydney)**

# Acknowledgements

**WISH**

Women's Integrated Sexual Health Program



AMERICAN UNIVERSITY OF BEIRUT MEDICAL CENTER  
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